



WELCOME TO SEATTLE, WASHINGTON

Known for rainy days, Starbucks Coffee, and its rock music scene, this progressive city offers beautiful natural surroundings and dynamic city life. Situated on the Puget Sound, Seattle is surrounded by the waters of Elliot Bay, Lake Union, and Lake Washington, as well as by lovely views of Mount Rainier and the Olympic and Cascade Mountains. Inside the city's exciting districts, hip coffeehouses, farmers markets, world-class museums, notable theaters, concert halls, and innovative restaurants keep the metro abuzz.

The focal point of the city, Pike Place Market, is located downtown by the water. Founded in 1907, this huge market now houses numerous shops and galleries, as well as an extensive selection of produce, meat, fish, and other fresh foods. Strolling entertainers and musicians cater to crowds while sidewalk cafes, fine dining rooms, coffee shops, and bars in the downtown neighborhood accommodate the influx of tourists who frequent the area.

Today, old-fashioned streetcars transport visitors on a tour of neighborhood landmarks. Native American totem poles, a turn-of-the-20th-century pergola and an old train station help commemorate the city's past, and attractive shops and restaurants occupy many of the old buildings. A small portion of the neighborhood that survived the Great Fire remains below ground and is the focal point of the fascinating Underground Tour. Gazing at the panorama, locals and visitors alike are captivated by the Emerald City.

CLIMATE IN FEBRUARY

Although known for its rain, Seattle actually receives less rain per year than Washington, Boston, New York, and Atlanta. Winters are not as cold as they are in the East, but snow does fall in Seattle. Accordingly, Seattle's average temperatures are around 44°F with 16 days of rain during the month of February.

TRANSPORTATION

Arriving By Air

The Seattle-Tacoma (Sea-Tac) International Airport (airport code SEA) is served by about 30 airlines and is located 13 miles south of Seattle via I-5.

Arriving By Train

Three Amtrak trains arrive and depart at historic King Street Station (303 S Jackson St.), providing service to Vancouver, B.C., Tacoma, Portland, Spokane and other destinations. The King Street Station is located between the International District and Pioneer Square, just north of Qwest Field. Tickets may be purchased online or at the station.

GROUND TRANSPORTATION

Ground transportation information is available at a staffed booth in baggage claim near carousel 12 and on the third floor of the airport garage. International travelers in need of information and services should proceed to the inspection booths at Customs and Immigration, located in the south satellite, or the Information Booth outside the exit from the B gates. There you will find special phones to link with interpreters for more than 150 languages.

By Bus

(206) 626-6088; www.graylineseattle.com

Gray Line of Seattle Downtown Airporter is one of the easiest and least expensive ways to travel to and from Sea-Tac Airport. The Airporter operates between Sea-Tac Airport and the downtown hotels. Shuttles depart from the airport daily between 5:30 a.m. and 11:00 p.m. leaving from the north and south ends of the airport baggage claim area. Passengers are picked up outside the baggage claim area, at Door 00 just past baggage carousel 1. The ride is about 30 to 45 minutes. The cost is \$18 roundtrip (\$11 one-way).

By Taxi

Taxi and limousine services are readily available at Sea-Tac Airport (on the third floor of the parking garage), at the Colman

Dock ferry terminal and at the cruise ship terminals. Elsewhere, call for a taxi or ask your concierge. Passengers for courtesy vans are picked up there as well. The taxi service will cost approximately \$50 each way.

By Car

The AAFS has selected Hertz® as the official car rental agency for the 62nd Annual Scientific Meeting in Seattle, WA. To reserve a car at the special meeting rate, please provide the convention code number (CV#) **04E70001** to your corporate travel department, or your travel agent, when making reservations. In the U.S. and Canada call 1-800-654-2240; international travelers should call 1-405-749-4434. For your convenience, a special conference link is available on the AAFS Annual Meetings, Ground Transportation webpage.



1. Click on the “Meetings” tab.
2. Click on “AAFS Annual Meeting.”
3. Click on the “Ground Transportation” button.
4. Click on the Hertz® logo to go to the Hertz® website.
5. Make sure the “I have a discount (CDP, PC, Coupon or other code)” box is checked and the code **04E70001** is entered in the “Convention Number “CV” box.

By using the convention code, you will receive the car rental discounted rate negotiated by AAFS.

Seattle's two major north-south freeways run on either side of Lake Washington. Interstate 5, on the west side of the lake, runs through the center of Seattle. Allow extra driving time during morning and evening commute hours. For highway maps and information on current traffic conditions and road construction, visit www.wsdot.wa.gov/choices.

Rental car counters are located in the baggage claim area. Some provide pick-up and drop-off from the first floor of the garage. Other rental car companies provide courtesy van service to the airport.

By Shuttle

Shuttle Express provides 24-hour service between Sea-Tac and the Seattle, Seattle North, and Bellvue areas. Rates for scheduled shuttles to downtown Seattle are \$28 for one or two adults, \$36 for three adults, and \$64 for four adults. You need to make a reservation to go to the airport, but to leave the airport, simply go to the Ground Transportation Center on the third floor of the parking garage.

By Light Rail

Beginning in late 2009, Sound Transit and the Port of Seattle are bringing the Link Light Rail connection to the Sea-Tac Airport. The expected completion date of this new service is

December 2009, and will offer a speedy and convenient way for travelers to get to and from the airport. Here's what's coming:

- A new Sea-Tac/Airport Station that directly connects pedestrians to the airport ticketing concourse and Sea-Tac's City Center.
- The walk from the light rail station to the airport terminal building is a covered, dedicated, safe 1,000 foot walk which will take approximately four minutes.
- A transportation option that offers travelers a 36-minute ride from the airport to Downtown Seattle – every time regardless of the weather or highway traffic.
- Trains that run to and from Sea-Tac every 6-10 minutes
- Offer 20 hour-a-day train service, from 5:00 a.m. to 1:00 a.m. on weekdays.

For the most up-to-date information on the Light Rail Sea-Tac connection and services available to travelers, go to www.portseattle.org/seatac/ground/publictransit.shtml.





ACCOMMODATIONS

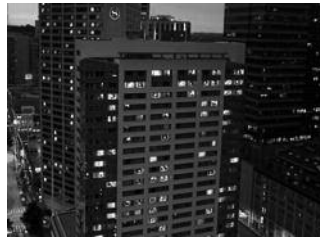


The American Academy of Forensic Sciences has selected the **Sheraton Seattle Hotel** as the headquarter hotel of the 62nd Annual Scientific Meeting along with four additional hotels, located in close proximity to the Washington State Convention & Trade Center. Through the accommodations link provided on the Annual Meeting page of the AAFS website, reservations can be made via the Seattle Housing Bureau. Go to www.aafs.org; click on the Meetings drop down menu; select "AAFS Annual Meeting;" click on the "Accommodations" link. In order to receive the meeting rate, you must make your reservations through the Seattle Housing Bureau link. To make reservations, see the hotel reservation form on page 16. Be sure to book your hotel reservation by January 21, 2010.

SHERATON SEATTLE HOTEL **(Headquarter Hotel)**

www.sheraton.com/seattle
1400 6th Avenue, Seattle, WA 98101
Check-in: 3:00 p.m.; Check-out: 12:00 p.m.
Single: **\$162** Double: **\$162**

Located in the heart of downtown, The Sheraton Seattle Hotel & Tower is literally steps from Pike Place Market, Seattle's unique shopping and dining experience and the Washington State Convention & Trade Center. Travelers will enjoy the



Sheraton's close proximity to Seattle's business and financial district combined with in-room high-speed Internet connections. The spa facilities and indoor heated pool provide relaxation in this luxurious hotel during a guest's stay. All guest rooms at the Sheraton Seattle Hotel are completely smoke-free and feature the comfortable Sheraton Sweet Sleeper(SM) Bed with Sealy Luxurious Sleeper System Mattress. Each guest room is furnished with a large work desk and an ergonomic chair, a LCD flat panel television with remote control, an in-room safe, a coffee maker, iron and ironing board, mini bar, alarm clock/radio, High Speed Internet Access (fee applies), hairdryer, bath amenities, and numbered/signed original artwork by renowned glass artist Dale Chihuly. Amenities include: cable television with premium channels; in-room movies and video games; make-up/shaving mirror; Shine by Bliss bath amenities; office/telecom; data port line; voicemail; dual-line, speaker telephone; Starbucks coffee maker with cups and Tazo teas; and air-conditioned room.

HILTON SEATTLE HOTEL

www1.hilton.com
1301 Sixth Ave at University, Seattle, WA 98101
Check-in: 3:00 p.m.; Check-out: 12:00 p.m.
Single: **\$157** Double: **\$177**

When staying at the 100% non-smoking hotel, guests are perfectly placed to take full advantage of all of Seattle's many cultural activities, premier shopping opportunities, and spots of natural beauty. A range of attractions are situated just moments from the downtown Seattle hotel, ensuring easy access to Washington's most exquisite cultural experiences, including:

5th Avenue Theatre, the Space Needle, Pioneer Square, Paramount Theatre, and the Seattle Aquarium. Travelers to downtown Seattle will adore the opulent rooms - ranging from well-equipped sleeping rooms to Executive Level rooms for high flyers. The spacious hotel suites are sure to make any traveler feel at home. All guest rooms have large bay windows that open slightly to allow for fresh air and are available in either one king-sized bed or two double beds featuring the Hilton Serenity Collection®. Rooms are approximately 300 square feet and are all non-smoking. Amenities include: well-stocked beverage centers; 32-inch HD LCD televisions with Lodgenet; Hilton Serenity® Bed program; hotel fitness room; sight-seeing tours; high-speed wireless Internet access - internet plugs and a regular outlet (including European adaptors); in-hotel dining; hair dryers; iron and ironing boards; and a beverage center.



RENAISSANCE SEATTLE HOTEL

www.renaissanceseattle.com
515 Madison Street, Seattle, WA 98104
Check-in: 4:00 p.m.; Check-out: 12:00 p.m.
Single: **\$159** Double: **\$174**

Escape to the luxury Renaissance Seattle Hotel, located on Madison Street, just minutes from Qwest & Safeco Fields, Pike Place Market & upscale shopping. With the body of a full-service hotel and the soul of a boutique, the newly renovated Renaissance Seattle Hotel truly offers guests a unique experience. Eliminate travel stress by staying at a convenient hotel in downtown Seattle boasting easy access to major freeways and the Sea-Tac International Airport. Relax in spacious downtown Seattle hotel accommodations featuring stunning views of Puget Sound, mountains and skyline. From the colorful lobby displaying paintings by local artists to the fully equipped fitness center, indoor pool, and high-speed internet, this hotel in Seattle, WA has it all. Enjoy a meal at Maxwell's, the on-site American restaurant. Discover the elegance of a hotel in Seattle seamlessly combining comfort and technology at the



Renaissance Seattle Hotel. Amenities include: pillowtop mattress and duvet; shower/tub combination; hair dryer; oversized chair with ottoman; clock radio; in-room safe (for a fee); desk with electrical outlet; iron and ironing board; room service; coffee maker and tea service; and mini-refrigerator.

GRAND HYATT SEATTLE HOTEL

www.grandseattle.hyatt.com

721 Pine Street, Seattle, WA 98101

Check-in: 3:00 p.m.; Check-out: 12:00 p.m.

Single: \$199 Double: \$199

Discover downtown Seattle accommodations with inspiring views of the city, featuring Puget Sound, Lake Union, and the surrounding mountains. Rise to meet the day with a complimentary morning newspaper and in-room coffeemaker. Stay in touch with wireless Internet access and business support. A sleek modern design adorns these spacious downtown Seattle accommodations. Delight in a four-fixture bathroom with soaking tub and a separate glass-enclosed shower, deluxe amenities, and plush robes for your comfort.



Enjoy the use of three or more dual line cordless speaker-phones with voicemail, an in-room safe for your laptop, iHome stereo with iPod dock, electronic blackout drapes and a doorbell. Relax upon two double Hyatt Grand Beds™, fitted with luxurious linens, thick down blankets, plush pillows – piled atop an irresistible pillow top mattress. Amenities include: hand-held hairdryer; in-room dining; video on demand; voicemail; 24-hour concierge; individual temperature control; iron and ironing board; minibar; 25 inch or larger TV; AM/FM

clock radio; dual line phones; cordless phones; high speed internet access (for a fee); analog phone line; video checkout; morning newspaper; doorbells; and 24-hour complimentary fitness center access.

RED LION HOTEL

www.redlion5thavenue.com

1415 Fifth Avenue, Seattle, WA, 98101

Check-in: 3:00 p.m.; Check-out: 12:00 p.m.

Single: \$149 Double: \$149

Overlooking the vibrant streets of downtown Seattle, our 297 thoughtfully renovated smoke-free guest rooms, offer stunning views of Elliott Bay and the Olympic Mountains. The Red Lion accommodations surround you with inviting natural colors,

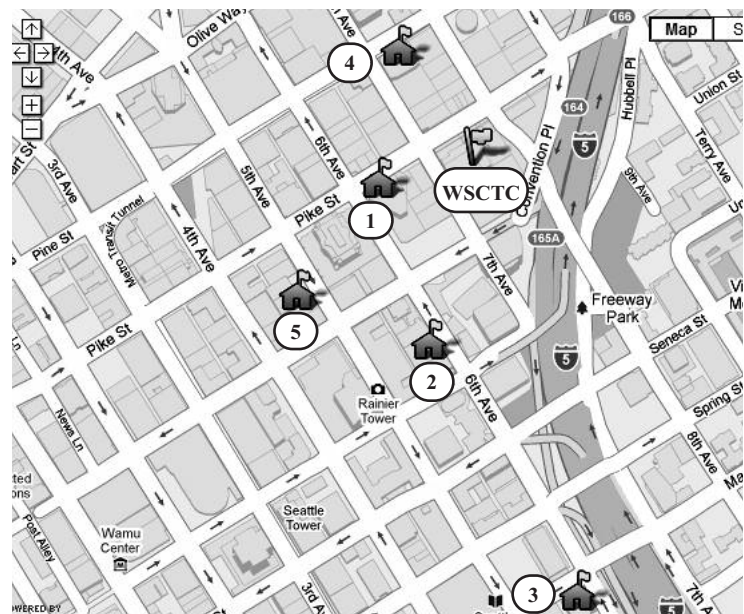


calming décor, and stylish furnishings that offer a familiar residential feel and the comforts of home in the heart of Seattle. Enjoy a peaceful night's sleep in our new Stay Comfortable plush pillowtop king and queen beds. Stay connected and productive with free high-speed

wireless Internet access and large work desks with ergonomic chairs. Enjoy the luxuries of home with refrigerators, 37" plasma flat screen TVs, and a full-length mirror. Enjoy spa-style bathrooms with granite counter tops, high-pressure shower heads and curved shower rods, Bath & Body Works amenities and luxurious bathrobes for a refreshing bathing experience. Amenities include: alarm clocks with iPod docking stations; coffee/tea maker; electronic/magnetic keys; hair dryer; Direct TV; house-keeping; iron and ironing board; refrigerator; room service; telephones with voicemail; luxurious robes; and waterfront and mountain views.

LEGEND:

1. Sheraton Seattle Hotel
2. Hilton Seattle Hotel
3. Renaissance Seattle Hotel
4. Grand Hyatt Hotel
5. Red Lion Hotel





AAFS 62nd Annual Scientific Meeting
February 22-27, 2010
HOTEL RESERVATION FORM

INSTRUCTIONS: The deadline date for new reservations is **January 21, 2010**. For best availability and immediate confirmation, make your reservation online at: www.aafs.org.

INTERNET: Visit the AAFS website at www.aafs.org. Click on: "Meetings", "AAFS Annual Meeting". Scroll down and click on the "Accommodations" link.

PHONE: Call the Seattle Housing Bureau at (888) 877-0255 or (206) 461-5881.

FAX: Only fully completed forms will be accepted at the Seattle Housing Bureau at (206) 461-5853. Use one form per room, make copies as needed.

MAIL: Only fully completed forms will be accepted at the Seattle Housing Bureau, 701 Pike Street, Suite 800, Seattle, WA 98101.

ACKNOWLEDGEMENTS: The Seattle Housing Bureau will send you an acknowledgement of your reservation. Please review all information for accuracy. If you do not receive your acknowledgement within 7 to 10 days or have questions regarding your reservation, please contact the Seattle Housing Bureau by phone at (888) 877-0255 or by email at: hotelres@visitseattle.org.

You will not receive a confirmation from the hotel.

ROOM RATES/TAXES: To take advantage of the special Seattle rates, please book your reservation by **January 21, 2010**. After this date, the Seattle room blocks will be released and rooms may only be available at higher rates.

All rates are per room and are subject to 15.6% tax, (subject to change).

Special requests can not be guaranteed, however hotels will do their best to honor all requests. Hotels will assign specific room types upon check-in, based on availability.

DEPOSITS: All reservations must be guaranteed with a credit card or check. Credit cards will not be charged a deposit. Checks are only accepted with mailed forms in the amount of \$250 deposit made out to Seattle Housing Bureau and sent to the address listed above.

CHANGES/CANCELLATIONS: Reservations may be changed or cancelled via the website or through the Seattle Housing Bureau until **February 4, 2010**. Cancellations received after **January 21, 2010** will be charged a \$25 processing fee. **Do not contact the hotels directly until after February 4, 2010.**

FOR BEST AVAILABILITY, MAKE YOUR RESERVATION ONLINE
(www.aafs.org)

Arrival Date _____	Departure Date _____
First Name _____	Last Name _____
M.I. _____	
Email Address: _____	
Daytime Phone: _____	Fax: _____
Company _____	
Address _____	
Address 2 _____	
City/State/Province _____	
Zip/Postal Code, Country _____	

HOTEL SELECTION

Please list four choices in order of preference.

First _____	Second _____
Third _____	Fourth _____
Fifth _____	


*If all requested hotels are unavailable, a reservation will be made at the next available hotel.
Please indicate criteria for choices:*

Comparable room rate Proximity to conference site

of occupants _____ # of beds requested _____

To request a suite, please contact the Housing Manager at (206) 461-5894

List all room occupants:

 Check here if you have a disability requiring special services Non-smoking room request

Special requests: _____

DEPOSIT INFORMATION

All reservations requests must be guaranteed. Credit cards will not be charged prior to the arrival date. Hotel Reservation Forms received without a valid credit card will not be processed. Please be advised that the credit card must be valid through the dates of the convention or your reservation will not be processed. Checks are only accepted with a mailed Hotel Reservation Form, in the amount of \$250 deposit and made out to the Seattle Housing Bureau.

American Express Discover Diner's Club MasterCard Visa

Card Number _____ Exp. Date _____

Name on Credit Card _____

Cardholder's Signature* _____

* Necessary to process reservation

WASHINGTON STATE CONVENTION & TRADE CENTER

800 Convention Place, Seattle, WA 98101

The expansive size of the Washington State Convention & Trade Center is impressive for conferences. With four lobbies, six halls, and more than 200,000 square feet of event space, the sheer size of the center can accommodate large technology and sales conventions. A friendly staff is always available to help you find your way around.

The Center is divided into a north and south galleria. While in the area, check out the frequent free concerts held in the north galleria. Musicians may be jazz, blues, or classical, but the concerts are always free and usually draw a decent crowd. Visitors can also enjoy the free art gallery found throughout the establishment.

A series of escalators and elevators are central in the building to help you get from floor to floor. Restaurants, shops, and services are located right in the convention center for your convenience.

Bambuza

Bambuza offers fresh and delicious international cuisine for lunch and dinner. Try the daily happy hour with drink and appetizer specials from 4:00 p.m. to 6:00 p.m. Located at Pike and Ninth. Lunch is served Monday - Saturday from 11:00 a.m. to 3:00 p.m.; reservations are accepted.

Crêpes Voilá

Crêpes Voilá is a sidewalk café specializing in fresh, European-style fast food. Delicate, golden crêpes folded around your choice of twenty different fillings for breakfast, lunch, dinner, and dessert. Located outside, under the arch on Pike.

Espresso Caffé Dior

Try a specialty coffee drink made by our experienced baristas. We also offer teas, beverages, a large variety of tasty pastries, and freshly made sandwiches. Located on Level 1.

Juice It Café

The Juice It Café's specialty is freshly squeezed fruit and vegetable juice. The menu includes fresh and delicious brown rice bowls, salads, sandwiches, and soups. Energy bars, vitamins, and supplements are also available. Located on the Level 1 corridor near Lotte Salon.

Moby's Restaurant and Lounge

Moby's is a full service restaurant featuring a comfortable and relaxed atmosphere. Specializing in grilled steaks, burgers, seafood, and microbrews. Open for lunch, dinner, and happy hour. Located on Level 1, near the Union Street entrance.

Subway Sandwiches

Famous submarine sandwiches, salads, and breakfast items are made fresh just for you. Subway has two convenient locations at the Center: Located under the arch on Pike and on Level 4 next to Tully's Coffee.

Taco Del Mar

Seattle's biggest and best mission-style burritos, made fresh to order. Try the famous fish tacos, enchiladas, Baja bowls, and other delicious Mexican dishes. Located on Level 1.

Tully's Coffee

Enjoy a cup of Seattle's world-famous handcrafted coffee, made fresh by an expert barista. Tully's also offers refreshing cold drinks, teas, pastries, ice cream, and more. Located on Level 4 of the South Galleria.

Unconventional Pizza & Salad

Enjoy freshly made pizzas by the slice or the whole pie, calzones, salads, and several varieties of pasta. Unconventional Pizza is located on Level 1, next to FedEx Office.

Many quality restaurants are within a short walk of the center in the heart of downtown Seattle. Once you leave the center - there are dozens of excellent restaurants within easy walking distance.

Seattle Visitor's Center and Concierge Services

(206) 461-5888

The staff at the Seattle Visitor's Center and Concierge Services desk can assist with everything from tour bookings and sight-seeing suggestions, to dining reservations, and local travel information. Operated as a complimentary service by Seattle's Convention and Visitors Bureau, the Seattle Visitor's Center and Concierge Services is located on Level 1 at the Pike Street entrance. Hours of operation: 9:00 a.m. to 5:00 p.m., Monday - Friday.





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Seattle CityPass!

Seattle CityPass is the 'A' list of Seattle attractions. See six of Seattle's most popular attractions for one low price. The Seattle CityPass is a carefully selected collection of Seattle's most popular, most famous attractions, priced a whopping 51% less than the cost of tickets purchased separately. The Seattle CityPass is valid for nine days to give you plenty of time to visit the following attractions: Argosy Harbor Tours Cruise, Woodland Park Zoo, Pacific Science Center, Seattle Aquarium, Space Needle, and The Museum of Flight *or* Experience Music Project/Science Fiction Museum. For your convenience you may call the Seattle Visitor Center and Concierge Service at 1-866-732-2695, and reserve your passes for pick-up and payment, or you may purchase your Seattle CityPass online at: www.citypass.com/city/seattle.html.

Pike Place Market

Between First & Western Avenues; (206) 682-7453
www.pikeplacemarket.org

One of the oldest continuously-operated farmer's markets in the U.S., Pike Place Market presides over a nine acre historic district in the heart of downtown Seattle. The market features fresh fish and produce stands, arts and crafts, ethnic groceries and gift stores, vintage clothing, antiques and collectibles, international restaurants, cafes, and food bars. Street musicians entertain at designated locales throughout the market. A visitor information booth at First & Pike Street offers free market maps. Additionally, weekday market tours are offered by the Pike Place Foundation for groups 10 or more. Reservations are required in advance. The Pike Place Market is free and officially open daily 10:00 a.m. to 6:00 p.m.

Pioneer Square

www.pioneersquare.org

Seattle's historic district, located on the southern fringe of the downtown business core, features some 20 square blocks of Victorian Romanesque architecture, museums, the city's highest concentration of art galleries, many restaurants, and a rip-roaring nightlife. Pioneer Square's history offers many a wild tale. As a young lumber town in the 1800s, logs skidded down its streets to harbor side sawmills. The town's brisk growth was suddenly halted by a great fire in 1889 that destroyed many of its wooden structures. The town was quickly rebuilt with brick and mortar atop the rubble and Seattle boomed again as a primary staging area for the Klondike Gold Rush in the 1890s when more than 70,000 prospectors passed through town. The Underground Tour offers a look at the remnants of the old town below street level. The Klondike Gold Rush National Historic Park interprets Seattle's critical role in the gold rush.

The Seattle Center

305 Harrison Street; (206) 441-7200
www.seattlecenter.com

The legacy of the 1962 Seattle World's Fair, the Seattle Center is a 74-acre urban park and home to the landmark Space Needle, Pacific Science Center, Experience Music Project, Science Fiction Museum and Hall of Fame, Seattle Opera, Pacific Northwest Ballet, Seattle Repertory Theatre, Intiman Theatre, Seattle Children's Theatre, Seattle Children's Museum and many other attractions. From downtown Seattle, visitors can take the Seattle Center Monorail from downtown's Westlake Station at Fifth Avenue and Pine Street; or take a five-minute taxi ride.

The Seattle Waterfront

Seattle's natural deep-water harbor, Elliott Bay, teems with trade, ferry boats, luxury cruise liners, sightseeing tour boats, and myriad pleasure craft. Prime harbor views can be found on the city's central waterfront, stretching along Alaskan Way from Pier 70 on the north to Pier 48 on the south. Midway on the water front and built atop Pier 59 is the Seattle Aquarium. Pier 66 is home to the Bell Street Cruise Terminal, homeport for luxury cruise liners bound for Alaska's Inside Passage. At Pier 55 and 56, Argosy Cruises features decidedly smaller vessels for sight-seeing trips and evening dinner cruises. Also departing from Pier 55, Tillicum Village offers a scenic boat trip to nearby Blake Island for a Northwest Coast Native American stage show. The Seattle Waterfront also features souvenir and gift shops and an array of Northwest seafood dining.

International District

Sixth & Weller
www.seattlechinatowntour.com

Chinese immigrants originally landed in Seattle in the 1860s, finding work at the town's saw mills, rail lines, and on its fishing boats. Today, the International District spans some 44 blocks south of downtown Seattle. Seattle's Asian population has grown steadily to 14.4 percent, and today it's the only neighborhood in the U.S. where Chinese, Filipino, Japanese, Vietnamese and Southeast Asians coexist. The Chinatown Discovery Tour offers a guided walk through the district. Don't miss Uwajimaya, one of the largest Asian grocery and gift stores in the United States.

Burke Museum of Natural History & Culture

45th Street NE and 17th Avenue NE; (206) 543-5590
www.washington.edu/burkemuseum/

One of the foremost natural history museums in the region, The Burke features both natural and cultural artifacts from the Pacific Northwest and the Pacific Rim ranging from Native American totem poles and hand-carved cedar canoes to dinosaur skeletons, fossils, gems, and minerals. Open daily 10:00 a.m. to 5:00 p.m.



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The Children's Museum

305 Harrison Street; (206) 441-1768

www.thechildrensmuseum.org

The Children's Museum offers a fun, interactive learning environment for kids and families with exhibits such as a Global Village, Mountain Forest, Imagination Studio, Discovery Bay, The Neighborhood, Mindscape Technology Studio, Cog City, and Bijou Theatre. The museum is open Monday-Friday, 10:00 a.m. to 5:00 p.m.; Saturday and Sunday, 10:00 a.m. to 6:00 p.m.

Experience Music Project/Science Fiction Museum and Hall of Fame

325 Fifth Avenue North (at the Seattle Center), (877) EMP-SFMI

www.empsfm.com;

The brainchild of Microsoft co-founder, Paul G. Allen, Experience Music Project (EMP) is dedicated to exploring creativity and innovation in American popular music, from rock 'n' roll, to jazz, soul, gospel, country, blues, hip-hop, punk, and other genres. The Frank O. Gehry-designed, museum features artifacts from a collection of more than 80,000 artifacts, including one of the world's largest collections of Jimi Hendrix memorabilia. The Science Fiction Museum and Hall of Fame opened June 2004 and is co-located with the Experience Music Project. This one-of-a-kind collection of artifacts and memorabilia include works by Isaac Asimov, Ursula Le Guin, H.G. Wells, George Lucas, Gene Rodenberry, James Cameron, Steven Spielberg, and other luminaries of the genre. The museums are open daily from 10:00 a.m. to 5:00 p.m.

Henry Art Gallery

Univ. of Washington 15th Avenue NE & NE 41st Street; (206) 543-2280

www.henryart.org

The Henry Art Gallery is the art museum of the University of Washington, located in a striking Charles Gwathmey-designed glass and textured steel building on the west side of the campus. One of the Pacific Northwest's premier modern and contemporary art museums, the Henry Art Gallery showcases exhibitions and their related programs which invite dialogue about contemporary culture, politics, aesthetics, and the traditions of visual art and design of the last two centuries. Hours are 11:00 a.m. to 9:00 p.m., Thursday and Friday; 11:00 a.m. to 4:00 p.m. on Saturday and Sunday.

Hiram M. Chittenden Locks

3015 NW 54th Street (in Ballard)

www.nws.usac.army.mil/opdiv/lwsc; (206) 783-7059

The Hiram M. Chittenden Locks, often called Ballard Locks, lie at the western end of the Lake Washington Ship Canal in Seattle. They were constructed to raise and lower ships to allow them to pass between fresh water (Lakes Union and Washington) and salt water (Puget Sound). Operated by the Army Corp of Engineers, the locks are one of Seattle's most popular visitor attractions and offer a visitor center, fish ladder for salmon, steelhead and other

fish, and a botanical garden. Visitor center hours are 10:00 a.m. to 4:00 p.m., closed Tuesdays and Wednesdays.

Klondike Goldrush National Historic Park

117 S Main Street (Pioneer Square) (206) 220-4240

www.nps.gov/klse

Operated by the National Park Service, the Seattle Park Unit of the Klondike Goldrush National Historic Park is actually a free museum commemorating Seattle's role as a gateway to the gold rush in the 1890s, when the young town provided provisions and transportation to some 70,000 prospectors. Open daily, 9:00 a.m. to 5:00 p.m.

Museum of Flight

9404 East Marginal Way S. (at Boeing Field); (206) 764-5720

www.museumofflight.org

From the Wright brothers to outer space, the wonder of flight comes alive at one of the world's largest air and space museums. With more than 85 historic aircraft on display, interactive exhibits and activities for the whole family, The Museum of Flight offers an unforgettable experience for the aviation enthusiast and general visitor alike. Recent additions to the museum include a retired British Airways Concorde jetliner and the new 88,000 square foot Personal Courage Wing showcasing 28 rare and restored World War I and II fighter aircraft. Open daily, 10:00 a.m. to 5:00 p.m.

The Future of Flight

8415 Paine Field Boulevard, Mukilteo, WA 98275; (888) 467-4777

www.futureofflight.org

The Future of Flight Aviation Center & Boeing Tour is open and welcoming visitors in Mukilteo, approximately 30 miles north of Seattle. The new commercial jet interpretive center is located at the west edge of the Paine Field airstrip, directly across from Boeing's largest jet assembly plant. The center features an aviation gallery with interactive exhibits on commercial aviation, a theater and a roof-top observation deck to view the airport's take-offs and landings. Exhibits include a flight simulator, cut-aways from fuselages of several Boeing airplane models and an airplane design program where guests can design an aircraft and have its airworthiness tested by computer. Tours of the nearby Boeing plant, which begin and end at the center, feature a 90-minute guided exploration of the largest building in the world by volume where Boeing's 747, 767, 777, and 787 are built.

Museum of Glass: International Center for Contemporary Art

1801 East Dock Street, Tacoma, WA 98402; (866) 4MUSEUM

www.museumofglass.org

Dedicated to contemporary art with a sustained concentration on the medium of glass, the Museum of Glass in Tacoma features works by internationally-known artists. The Museum features 13,000 square feet of open exhibition space and a striking 9,200-square-foot hot shop Amphitheater which includes a hot glass



ATTRACTIONS



studio where artistic teams blow and cast glass, a cold glass studio for completing artworks and raised seating for 138 visitors, complete with large video screens offering live glass blowing footage. Linking the museum with downtown Tacoma, the Chihuly Bridge of Glass is a 500-foot-long pedestrian overpass shrouded in glass art from renowned local artist Dale Chihuly. Hours are Wednesday through Saturday, 10:00 a.m. to 5:00 p.m., Sunday Noon to 5:00 p.m.

Museum of History & Industry

2700 24th Avenue East; (206) 324-1126

www.seattlehistory.org

The Museum of History & Industry (MOHAI) celebrates the rich history of the Pacific Northwest and features noteworthy exhibits from the Smithsonian and Library of Congress. MOHAI showcases a large collection of regional historic and cultural treasures and the museum is an indoor playground for all ages. Open daily from 10:00 a.m. to 5:00 p.m.

Pacific Science Center

200 Second Avenue North; (206) 443-2001

www.pacsci.org

Located at the Seattle Center, the Pacific Science Center is a hands-on learning center for kids and families offering permanent and traveling exhibits. Permanent exhibits feature an interactive dinosaur display, Tropical Butterfly House, Insect Village, Puget Sound Model and Saltwater Tide Pool, plus other exhibits showcasing animals, technology, and more. Two IMAX theaters showcase the latest in big-screen and 3-D films; the Boeing IMAX Theatre features a screen six stories high and 80 feet wide, with 12,000 watts of stereo sound. Open Monday through Friday, 10:00 a.m. to 5:00 p.m., and Saturday and Sunday from 10:00 a.m. to 6:00 p.m.

Seattle Aquarium

Pier 59 (Seattle Waterfront), 1483 Alaskan Way; (206) 386-4300

www.seattleaquarium.org

The Seattle Aquarium reopened to the public on June 22, 2007, after a remodel and expansion featuring the addition of a 40-foot, 55,000-lb. viewing window into the new 120,000-gallon showcase exhibit. The Aquarium is located at Pier 59, just down the hillclimb stairs from Pike Place Market. Gates are open 9:30 a.m. to 5:00 p.m. daily with exhibits closing at 6:00 p.m.

Seattle Art Museum

100 University Street; (206) 654-3100

www.seattleartmuseum.org

Occupying a Robert Venturi-designed building in downtown Seattle, the Seattle Art Museum (SAM) boasts a collection of approximately 23,000 objects, ranging from ancient Egyptian artifacts to contemporary American photo and video installations. The museum offers noteworthy permanent collections of Asian, African, Northwest Coast Native American, modern and contemporary art, European painting and decorative arts. SAM also

maintains an ambitious schedule of traveling exhibitions. Closed Mondays; open Tuesday through Sunday 10:00 a.m. to 5:00 p.m.

Seattle Asian Art Museum

1400 East Prospect Street; (206) 654-3100

www.seattleartmuseum.org

Located in a 1930s art modern building in the heart of Volunteer Park on Seattle's Capitol Hill, the Seattle Asian Art Museum features noteworthy collections of Chinese, Japanese, Korean, and Southeast Asian art. The museum's Japanese collection is considered one of the top-five in the U.S. and among the most distinguished outside of Japan. Open Tuesday through Sunday, 10:00 a.m. to 5:00 p.m. (open Thursdays until 9:00 p.m.).

Olympic Sculpture Park

2901 Western Avenue; (206) 654-3100

www.seattleartmuseum.org

This nine-acre sculpture park features a 2,500-foot descending, Z-shaped path connecting the Belltown neighborhood in downtown Seattle with a beach on the waterfront. The path takes visitors past a range of permanent and rotating sculptures and major works by world-renowned artists such as Richard Serra, Alexander Calder, and Mark di Suvero, while allowing visitors to take in the scenery offered by Puget Sound and the Olympic Mountains. The Gates Amphitheater sits adjacent to the pavilion, featuring descending grass terraces for outdoor films and performances. The Olympic Sculpture Park is open to the public, free of charge. Open daily 30 minutes prior to sunrise and closes 30 minutes after sunset.

Space Needle

400 Broad Street (at the Seattle Center); (206) 905-2111 (information);

(800) 937-9582 (reservations)

www.spaceneedle.com

A legacy of the 1962 Seattle World's Fair, the 605-foot Space Needle observation tower is an ever-futuristic icon of Seattle. The Space Needle features an observation deck at the 520-foot level with 360-degree views of the Seattle skyline, Puget Sound and the Cascade and Olympic Mountains. Just below, SkyCity restaurant rotates on the hour and specializes in Pacific Northwest cuisine. A gift store is located in the Space Needle lobby. The observation deck and lobby are open Monday-Thursday, 9:30 a.m. to 11:00 p.m., Friday-Saturday, 9:00 a.m. to 11:30 p.m., and Sunday, 9:00 a.m. to 11:00 p.m.

Woodland Park Zoo

601 North 59th Street (North Seattle); (206) 684-4800

www.zoo.org

Often ranked among the top zoos in the country, Woodland Park is famed for setting international standards for animal care and for its realistic landscape exhibits that allow animals to thrive and be seen in naturalistic environments. Popular exhibits include an African Savanna, Northern Trail, Tropical Rain Forest, "Bug" World, Trail of Vines, Willawong Station, and Jaguar Cove. The zoo opens daily at 9:30 a.m., closes at 4:00 p.m.



RESTAURANTS



Anthony's At Pier 66

2201 Alaskan Way (at Pier 66); (206) 448-6688
www.anthonys.com

Waterfront view and Anthony's signature Berry Slump desserts. Fresh fish, all seafood, steaks, poultry and vegetarian selections make up these eclectic offerings. You can walk off dinner at the waterfront when it's all over. A short cab ride from the Sheraton Hotel. Casual atmosphere - no pressure. Full bar and extensive wine list.

Athenian

1517 Pike Place; (206) 624-7166
www.athenianinn.com

Made famous by its segment in *Sleepless in Seattle*, this eatery has Old Seattle market atmosphere. Full bar.

Café Campagne

1600 Post Alley; (206) 728-2233
www.campagnerestaurant.com

This cafe offers patrons a slice of French cafe life morning, noon, and night! Located in the Inn at The Market.

Chandler's Crabhouse

901 Fairview Avenue North; (206) 223-2722
www.schwartzbros.com/chandlers.cfm

Not only does Chandler's Crabhouse in Seattle's Lake Union area serve more crab than any other restaurant in the Northwest, but they also do it better. The restaurant offers several selections of fresh crab daily, including Alaskan Dungeness, Washington Red King, Gulf Coast soft-shell, and various other varieties from the east and west coasts. Anyone craving crab should head to Chandler's Crabhouse—Seattle's premier restaurant for everything crab. Chandler's Crabhouse is open for lunch Monday through Friday 11:30 a.m. - 2:30 p.m. Dinner is served Sunday thru Thursday 5:00 p.m. - 9:00 p.m., Friday & Saturday 5:00 p.m. - 10:00 p.m.

Cheesecake Factory

7th & Pike (in Convention Center Complex); (206) 652-5400
www.thecheesecakefactory.com

Situated directly across from the Sheraton Hotel and the Convention Center. Casual food - lots of cheesecake - and a full bar. No reservations accepted. Restaurant uses a 'beeper' system for waiting parties. Go early; the wait can be up to an hour.

Cutter's Bayhouse

2001 Western Avenue; (206) 448-4884
www.cuttersbayhouse.com

View of the Harbor, great seafood, full bar - casual atmosphere.

Dragonfish Asian Cafe

722 Pine Street (in Paramount Hotel); (206) 467-7777
www.dragonfishcafe.com

American-style breakfast offered daily. Pan-Asian cuisine for lunch and dinner. There is a dim-sum brunch on Saturday and Sunday as well. Great cocktails, pachinko machines. A very active dining room offers wonderful blends of Japanese, Chinese, Thai, and Korean influences.

Gordon Biersch Brewing Company & Pub

4th Level - Pacific Place Shopping Center; (206) 405-4205
www.gordonbierschrestaurants.com

Centrally located to all downtown hotels and in easy walking distance from the convention Center, this is a great pub with a national reputation. Open daily at 11:00 a.m. Bar menu offered from 10:00 p.m. to closing.

Harbor Place Restaurant

96 Union Street; (206) 652-9299

South end of the Market on Union Street. Outdoor deck when the weather permits.

Il Fornaio

600 Pine Street (in Pacific Place Center); (206) 264-0994
www.ilfornaio.com

Three blocks north of the Sheraton Hotel on 6th Avenue. An Italian stalwart which has a formal dining room (reservations required) or a more casual risottoria and bakery (entrance on 6th) which takes walk-ins. Great risotto, wonderful bread. Full bar.

Kell's Irish Restaurant & Pub

1916 Post Alley; (206) 728-1916
www.kellsirish.com

Irish offerings and Northwest seafood. Great beers and a country pub atmosphere.

Lola Seattle

2000 Fourth Avenue; (206) 441-1430
www.tomdouglas.com/restaurants/lola

Lola in Downtown Seattle offers a perfect combination of local Northwest ingredients with a Mediterranean flair. Lola serves breakfast, lunch, dinner and even has a late-night menu for those who just can't get enough. The Greek-inspired menu features cumin-spiced leg of lamb, Washington beef hanger steak, and Berkshire pork shoulder. The late-night menu includes sizzling kebabs, Lola gyros, and even a Greek-inspired lamb burger. Open Monday through Thursday 6:00 a.m. to 12:00 a.m.; Friday 6:00 a.m. to 2:00 a.m.; Saturday 7:00 a.m. to 2:00 a.m.; and Sunday 7:00 a.m. to 12:00 a.m.



RESTAURANTS



Lowell's

1519 Pike Place; (206) 622-2036

www.eatatlowells.com

Cafeteria style service. View overlooking Elliott Bay.

Morton's of Chicago

1511 Sixth Avenue; (206) 223-0550

www.mortons.com

Full bar. Beef of every imaginable shape, size, and cut. Extensive wine list. Reservations required.

Oceanaire Seafood Restaurant

1700 Seventh Avenue; (206) 267-2277

www.theoceanaire.com

This dining room guarantees at least 15 fresh selections daily. There are small amounts of poultry, beef, and vegetarian selections, but the signature offering is fish of all kinds. Full bar. Reservations recommended.

Palomino's

City Center Building; (206) 623-1300

www.palomino.com

Directly across 6th Avenue from the Sheraton Hotel main entrance inside the City Center Building. Euro-bistro decor. Full bar with full menu. Reservations recommended in dining room; walk-ins welcome but the wait can be up to 45 minutes. Italian style food, fresh seafood, great salads/soups.

Pike Place Bar & Grill

90 Pike Street; (206) 624-1365

Old Seattle up the stairs at the entrance to the Market – overlooking the Market. Pub food and comfort food - staples such as pot roast.

Pike Place Market

1st and Pike Place; (206) 682-7453

www.pikeplacemarket.com

The various restaurants that follow offer a wide variety of cuisines and prices. A short walk during the day. Cab trips are recommended after dark for guests not familiar with the city. Worth a walk-around.

The Pink Door

1919 Post Alley; (206) 443-3241

www.thepinkdoor.net

Rustic, Italian. Jazz at night in the full bar.

Rock Bottom Brewery

1333 Fifth Avenue (in Rainier Square); (206) 623-3070

www.rockbottom.com

Located above the staircase from University Street. Casual dining with steaks, seafood, and pub food. Entertainment on Fridays and Saturdays after 7:00 p.m. Reservations accepted. Drop-ins welcome.

Ruth's Chris Steak House

727 Pine Street; (206) 624-8524

www.ruthschris.com/Steak-House/4094/Seattle

Ruth's Chris Steak House in Downtown Seattle serves only the finest aged, corn-fed USDA prime beef. Be careful--all Ruth's Chris steaks are broiled in the trademark 1,800-degree oven and served on a plate heated to 500 degrees so watch your fingers. The result is an incredible, tender steak presented sizzling hot at the table. A wide variety of crisp vegetables, fresh seafood, and homemade desserts round out the menu at Ruth's Chris. This Downtown Seattle steakhouse never fails to please. Open 6:30 a.m. to 10:00 p.m.

Additional restaurant recommendations may be obtained from the Washington State Convention & Trade Center (http://www.wsctc.com/while_at_wsctc/restaurants.aspx).

When in Seattle, be sure to visit the Seattle Visitor's Center and Concierge Services - the full-service concierge desk in the Washington State Convention & Trade Center. Here you can make dinner reservations, arrange transportation, book a wide variety of personal services, and purchase tickets for arts, sports, and attractions to make your Seattle experience even easier and more enjoyable.

Seattle information and photos provided by:

Frommer's® Seattle 2009

Grand Hyatt Seattle Hotel (www.grandseattle.hyatt.com)

Port of Seattle (www.portseattle.org)

Seattle Convention and Visitors Bureau (www.visitseattle.org)

Seattle City Guide (www.10best.com/Seattle,WA/)

Seattle CityPass® (www.citypass.com/city/seattle.html)

Seattle Travel.com (www.seattletravel.com)

Seattle Sheraton Hotel (www.sheraton.com/seattle)

Seattle Hilton Hotel (www1.hilton.com)

Red Lion Hotel (www.seattleredlionffifthavenue.com)

Renaissance Seattle Hotel (www.renaissanceseattle.com)

Washington State Convention & Trade Center (www.wsctc.com)